



#### What is COVID-19

The coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

The virus is spread through respiratory droplets when an infected person coughs, sneezes or speaks or from touching a contaminated surface and then your eyes, mouth or nose.

Some of the symptoms are: fever, dry cough, difficulty breathing, diarrhea and body aches.

Symptoms can appear between one (1) day and twelve (12) days following exposure to the virus.

## Precautionary Measures WORKERS



Regularly wash your hands with soap and water or use a hand sanitizer with at least 60% alcohol.



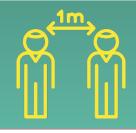
Avoid touching your eyes, nose, and mouth with unwashed hands.



Cough or sneeze into a disposal tissue or into the crook of your elbow.



Avoid large crowds and gatherings.



Avoid close contact with people who are sick.



Stay home when you are sick.

### Precautionary measures CONTRACTORS



- Keep team sizes as small as possible and adopt a roster system.
- Keep a daily record of the members of each work team.
- Divide the work site based on zones, activities or skills
- Apply a one-way system in hightraffic areas, such as lifts, stairwells and scaffolds.
- Allow only necessary workers on site.
   Support staff can work remotely



## Safety and hygiene protocols Before arriving on site

#### The contractor is required to

- Apply for a COVID-19 site pass.
- Develop a risk management plan
- Conduct an employee induction.
- Ensure all workers have access to the correct PPE



#### Workers should

- Follow the personal health flowchart
- Communicate transportation needs to the contractors to the site.



### Safety and hygiene protocols Entering the job site



Only relevant personnel should be able to access the site

All workers are required to wash their hands at the designated wash area.



A daily register of all workers entering site must be completed along with a health declaration



Appropriate
signage
should be
posted at the
site entrance
and in
common areas
to remind
workers of the
COVID-19
hygiene
protocols



Remove or disable entry systems that require skin contact e.g. fingerprint scanners







Limit the number of visitors to the site



#### Safety and hygiene protocols Operating on the job site

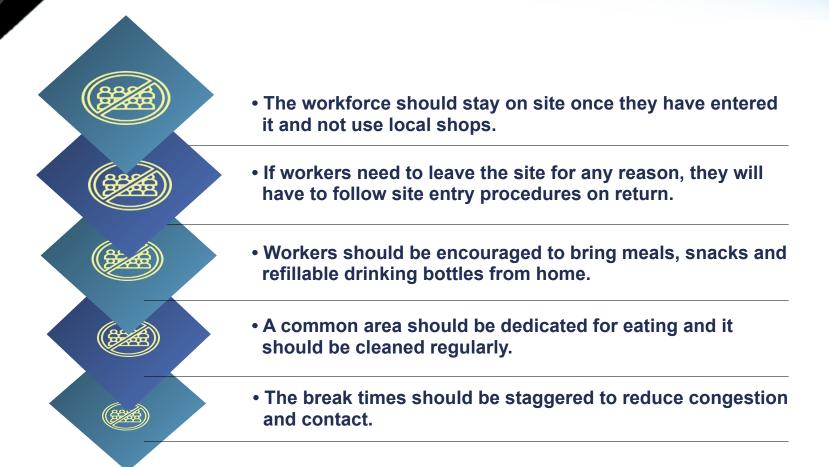
Hand washing stations should be installed and equipped with hand soap, hand sanitizer and wiping products

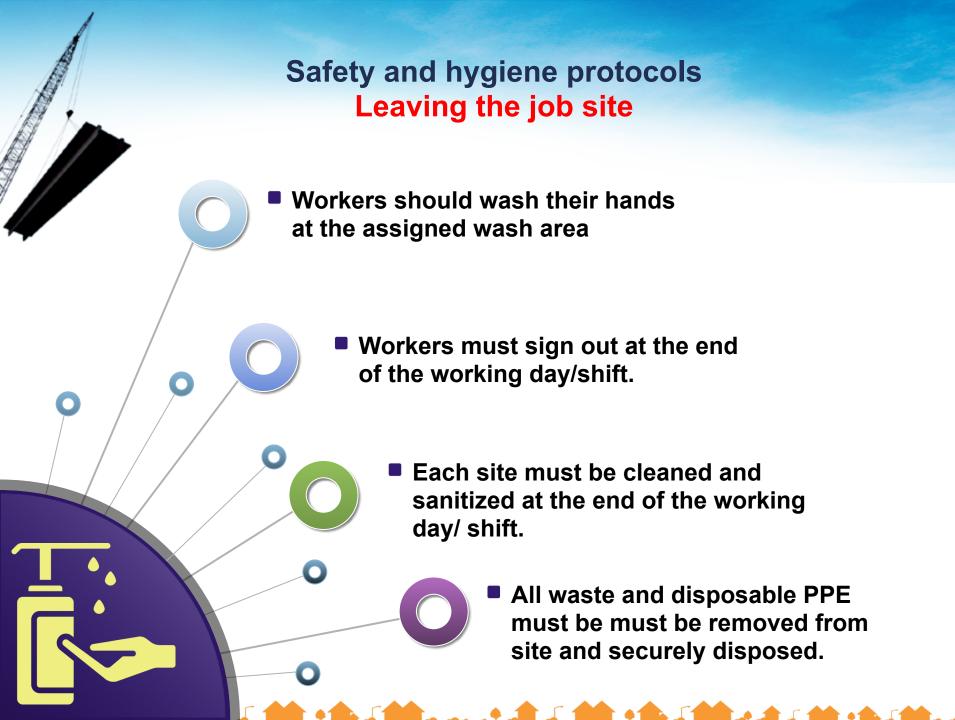


Regular toolbox meetings should be held to update workers and ensure that they adhere to safety and hygienic protocols.

One member of the crew should be assigned to receive supplies

# Safety and hygiene protocols Operating on the job site | Eating arrangements





#### **Preparatory Medical Planning**

### If employees are displaying signs of the virus, the following steps are to be followed:

- Immediately quarantine in a self-contained room or office.
- Notify the Ministry of Health via 877 WELL.
- Sanitize the work area of the affected worker before reoccupancy.
- Conduct contact tracing measures.
- Any employee on sick leave must provide the sick leave and return to work only with a Fit to Work document.

